

## NECK MEASUREMENT (Use one of the two following methods)

### METHOD 1

1. Take a shirt that fits you well when the top button is fastened.
2. Unbutton the shirt (Figure 1).
3. Put the shirt flat on a table, with the collar wide open.
4. Measure the distance between the button and the buttonhole (Figure 2). The measurement you obtain is your Neck Measurement (Figure 3).

### METHOD 2

1. This measurement is taken against the skin.
2. Wrap a tape around the neck, following the collar line (between the collar and the skin). Take the measurement in the place where the top button would be if it were done up.
3. **See figures 4 and 5:** At the front of the neck, make a “V” (90° angle) by crossing the edge (or beginning) of the tape over the tape length.
4. As in **figure 5**, read the number that lines up with the **bottom** of the edge of the tape (you should be able to easily insert your finger between the measuring tape and your neck at the front).

### METHOD 1



Figure 1

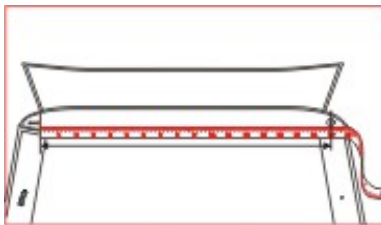


Figure 2

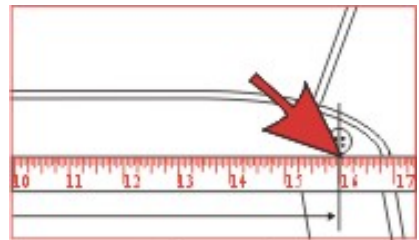


Figure 3

### METHOD 2

The correct measurement is the number that lines up with the arrow, rounded up to the nearest ½ inch.



Figure 4



Figure 5